

Tonsilitis

Of late, both children and adults fall sick too often due to several causes. The basic reason being the failure of the immune system, which should act like a defense mechanism. The first line of defense against foreign bodies is tonsils.

Tonsils are a pair of lymphoid nodules located at the junction of oral cavity and throat on the posterior aspect of tongue act as first line of defense. Children when they consume junk food, ice creams or exposed to extreme cold weather, develop throat infection. Infection results in inflammation of tonsils called tonsilitis. The lymphoid tissue, on exposure to foreign agents like bacteria, virus or any other pollutants, fights them destroying and producing antibodies against foreign agents. When this local encounter occurs against foreign bodies, the physical body develops clinical symptoms. The common clinical symptoms are fever, swallowing difficulties, acute pain..

When tonsilitis occur frequently inspite of medicines, the doctors resort to surgery. Tonsils, which offer resistance against infection serving as the first line of defense, are removed. Once tonsils are removed, the foreign agents enter in to the system without any resistance. Thus tonsilectomy results in the failure of immune system, exposing the body to several infections. Body becomes weaker due to loss of resistance.

Holistic treatment

Since the whole body is weak to strengthen the same and to raise the resistance power, healing all the chakras on day one and two. Thereafter Ajna chakra, Vishudha chakra, Manipura chakra and mooladhara chakra are to be concentrated on.

Mooladhara chakra to activate immune system and strengthen the physical body.

Ajna chakra to energise all the chakras and sensory organ; to activate the endocrine organs to correct any hormonal imbalance;

Vishudha chakra for relieving the pain and controlling the inflammatory process. Activating the immune system acts directly on tonsils.

Manipura chakra for detoxification of liver and gastrointestinal tract and to eradicate allergic reaction.

For adults who become weak due to poor resistance against any infection after tonsilectomy, whole body has to be healed and thymus has to be activated.