

Coccyx Pain – Instant Relief through Sujok Acupuncture

Coccygeal region, comprising tail bones, is located at the tip of back bone. By virtue of it's location, invariably it becomes a vulnerable area for fracture.. Usually, patients with coccyx fracture are advised to take complete rest to allow the bones to heal by themselves; because, bandage cannot be applied here. Even after rest, in most of the cases total recovery is not experienced by the patients. Excruciating pain is felt especially while sitting. Though surgery is advised, recovery may not be total

I have been approached by several patients who wanted to avoid surgery. Most of my patients were using special device like a ring. This was to avoid direct contact between the seat and coccyx. Others were bearing the pain.

Diagnosis & Treatment through Sujok Acupuncture

Using a probe, Coccyx primary correspondence point is identified between the web connecting middle and ring fingers.

Treatment - One single needle in primary correspondence point is sufficient to bring about total recovery. To avoid recurrence, two or three sessions is advised.

Story of a patient who recovered in a day

In one particular case, the patient was advised surgery. He had been using the special ring, for nearly two years, both in the office and while driving. When he approached me with this history, for testing, I applied the probe to identify the point of pain in the primary correspondence point (already mentioned). Even when I was testing, the patient was feeling pain relief.

I continued the treatment by applying only one needle at the correspondence point. After one more session on the next day, patient had total recovery and stopped using the special ring.

So Sujok Acupuncture can give you immediate relief from Coccyx pain.